

# GET DEAD SET.

## Discuss your final arrangements

### An event for family carers

**Dying  
to Know  
Day**



This event will assist you as a carer to feel supported and inspired by your own wishes for your final arrangements and help to dismantle the misconception that end-of-life planning is something you do alone.

Together, we can break down the stigma associated with conversations about death, dying and grief.

The interactive and engaging education session will be facilitated by Erin Griffin, a Dying to Know Day Champion, and it will cover:

- How to “Get Dead Set” organised with a provided checklist
- Considering what your “Emotional Will” could look like
- Dream-storming your funeral arrangements

#### **When**

Tuesday 20 August 2024  
9.30am to 10.30am

#### **Where**

MIFWA Office, Level 3,  
9 The Avenue Midland

#### **Cost**

This is a FREE event and it includes light refreshments.

#### **Who should attend**

Family carers

#### **How to participate**

Register your interest today.

Contact MIFWA Carer Support at [samantha.scott@mifwa.org.au](mailto:samantha.scott@mifwa.org.au) or on 9237 8900.

Hosted by MIFWA Carer Support

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supporting mental wellness + recovery