

What's on at MIFWA

Challenging Stigma Week

Acknowledging people living with complex mental health challenges

Sunday 19 to Saturday 25 May 2024



Sunday
19 May

Monday
20 May

Tuesday
21 May

Wednesday
22 May

Thursday
23 May

Friday
24 May

Saturday
25 May

Youth Mental Health First Aid
(Free course, Day 1)
9am to 4.30pm
Coorow
Register here

Youth Mental Health First Aid
(Free course, Day 2)
9am to 4.30pm
Coorow
Register here

Grief Box for Carers
9.30am to 12.30pm
Tuart Hill
Register here

Grief Box for Carers
9.30am to 11.45am
Online option
Register here

Lunch & Knitting
(MIFWA staff event)
Lunch & knitting materials provided
12pm to 1.30pm
MIFWA, Midland
Staff to RSVP by email

Conversation About Suicide
(MIFWA staff)
9am to 1pm
MIFWA, Midland
Staff to RSVP by email

Celebrating Recovery: Lorikeet Wellbeing Day
(Lorikeet staff & members only)
Lunch & afternoon tea
10am to 3pm
Lorikeet Centre
Members to book via Lorikeet Centre

Carers Self-Reflective Art Workshop
Includes lunch
10am to 2pm
Maylands
Register here