



Emergency Contact Numbers

SERVICE / ORGANISATION NAME	HOURS	DETAILS	PHONE
Crisis			
Mental Health Emergency Response Line (MHERL)	24 hrs, 7 days	Metro	1300 555 788
	24 hrs, 7 days	Peel Region only	1800 676 822
Father Brian's Crisis Care Centre			(08) 9481 4050
Wesley Mission		Emergency relief: incl financial & food	(08) 9325 2400
		Homeless Support	(08) 9220 1200
Suicide			
Lifeline	24 hrs, 7 days		13 11 14
Salvation Army - Suicide Line	24 hrs, 7 days		(08) 9442 5750
Suicide Helpline Call Back Service			1300 659 467
Samaritans Suicide Emergency Service		country	1800 198 313
		Emergency line	(08) 9381 5555
Counselling			
Anglicare		Free Call	1800 812 511
Beyond Blue	24 hrs, 7 days		1300 22 4636
Carers Counselling Line (Carers WA)	Mon - Fri 8 am - 5 pm		1800 007 332
Crisis Care	24 hrs, 7 days	Metro	(08) 9223 1111
	24 hrs, 7 days	Country Callers	1800 199 008
Lifeline	24 hrs, 7 days		13 11 14
Mensline Australia	24 hrs, 7 days	Counseling service for men	1300 78 99 78
Salvation Army - Counselling	24 hrs, 7 days	Counseling line	(08) 9442 5777
Samaritans	24 hrs, 7 days	Careline	(08) 9381 5555
	24 hrs, 7 days	Youthline	(08) 9388 2500
	24 hrs, 7 days	Country	1800 198 313
SANE helpline	9-5 weekdays		1800 18 SANE (7263)



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Alcohol & Drug			
Alcohol & Drug Information Service	24 hour, 7 days		1800 198 024 (country toll free)
Health direct Australia	24 hrs, 7 days		1800 022 222
Domestic Violence			
Men's Domestic Violence Helpline	24 hrs, 7 days	Metro	(08) 9223 1199
Men's Domestic Violence Helpline	24 hrs, 7 days	Free Call	1800 007 599
Women's Domestic Violence Helpline	24 hrs, 7 days		(08) 9223 1188
	24 hrs, 7 days	Free call	1800 007 339
Carers			
Arafmi (carers, relatives, friends) counseling	Mon - Fri 9am -4:30 pm		(08) 9427 7100
Carers Counselling Line (Carers WA)	Mon - Fri 8 am - 5 pm		1800 007 332
Carers WA	Mon - Fri 8.30 am - 4.30 pm		1300 227 377
Financial Assistance			
Consumer Credit Legal Service (WA) We help the WA community develop just and fair relationships with banks and financial institutions			(08) 9221 7066
Family Support			
Child Protection and Family Crisis Service			1800 656 463
Family Helpline	24 hrs, 7 days		(08) 9223 1100
	24 hrs, 7 days	Free call STD	1800 643 000
Parenting Line	24 hrs, 7 days		(08) 6279 1200
	24 hrs, 7 days	Free call STD	1800 654 432



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Youth & Kids			
Kids Helpline (<i>if you are under 18 years</i>)	24 hrs, 7 days	Free call STD	1800 551 800
Samaritans	Youthline		(08) 9388 2500
Law			
Mental Health Law Centre	9:00am - 4:30pm	Free call STD	1800 620 285
	9:00am - 4:30pm		9328 8266
Rural			
Rural link -specialist after-hours mental health telephone service for the rural communities of WA	4.30 pm – 8:30am Mon- Fri 24 hours (Sat, Sun & public holidays)	Free call STD	1800 552 002
Rural link -specialist after-hours mental health telephone service for the rural communities of WA	4.30 pm – 8:30am Mon- Fri 24 hours (Sat, Sun & public holidays).	Free call STD	TTY 1800 720 101
Transcultural and Translating Services			
Transcultural Mental Health Centre			(08) 9224 1760
Translating & Interpreting Service (TIS)			13 14 50