



MIFWA
mental illness
fellowship of WA

*"A member of the
Mental Illness Fellowship
of Australia"*

Parent Peer Support Program

'A better life for people affected by mental illness'

Are you a parent with a mental illness?

Would you like support from a Parent Peer Worker?

Parent Peer Workers have a lived experience of being a parent with a mental illness and are now in recovery.

Program Focus

- A strengths based approach with a focus on recovery
- One to one support to develop goals and plans to achieve the life you would like
- Assistance to access resources, programs and services in your local community
- Education, advocacy and promotion of the needs of families and children where parents are living with a mental illness

Referral Process

The Parent Peer Support Program is available to parents:

- Living with a Mental Illness who have at least one child under the age of 18 years living at home
- Who live in the North Metropolitan Health area

Referrals will be accepted from Government and Non Government agencies in the North Metropolitan Health Area. Self referrals are welcome.

For further information:

Please call the Coordinator of the Parent Peer Support Program during business hours 9.00am to 4.30pm Monday to Friday on (08) 9237 8900.

The Parent Peer Support Program operates from MIFWA's Midland Office:

Midland Professional Centre

Level 3, 9 The Avenue

MIDLAND WA 6056

Email: parentpeer@mifwa.org.au

Website: www.mifwa.org.au