

**Mental Illness Fellowship of WA
Carers, friends and families
of people with a mental illness**



Carer Services

Effective Communication Workshop

Date: Thursday 31st August 2017
Time: 6pm—9pm
Venue: Meerilinga Community Centre
48 Peregrine Drive, Kingsley WA 6026

Topics:

Basic communication skills
Barriers to effective communication
The role of assertiveness
**Applying communications skills specifically to situations
when someone is experiencing mental illness**

**This workshop is for carers of a person impacted by
mental illness.**

Mental Illness Fellowship of WA
Midland Professional Centre
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Booking essential:
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