



Learn the skills to help save a life.

Suicide is preventable. Anyone can make a difference.

Attend the award-winning ASIST workshop and learn to:

- **Recognise people at risk of suicide**
- **Talk to them, hear their stories, and understand their situations, then**
- **Help them stay safe with a life-affirming intervention**

The two-day ASIST (Applied Suicide Intervention Skills Training) workshop is open to anyone 16 or older. Widely used by both professionals and the general public, ASIST offers something to every participant, no matter how experienced.

Workshop:	Quest Rockingham 22 Flinders Lane
Date and Time:	Tuesday 6 December and Wednesday 7 December 2016 (9.00am – 4.30pm)
Course Fee:	Free to persons living in the Peel Region funded by the Mental Health Commission

For more info and to RSVP:

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Government of **Western Australia**
Mental Health Commission

